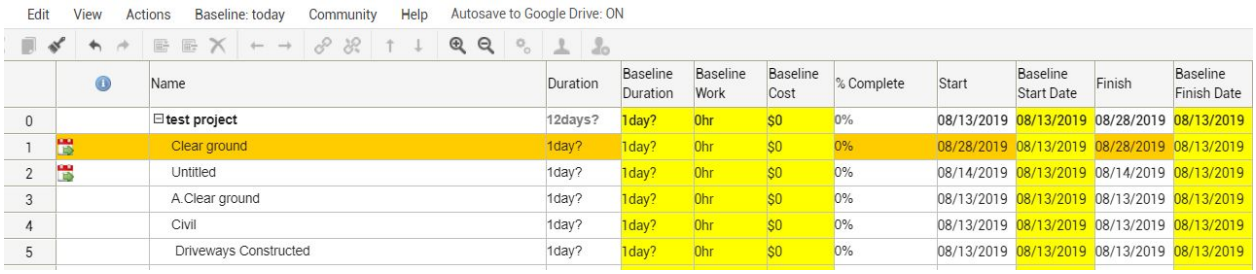
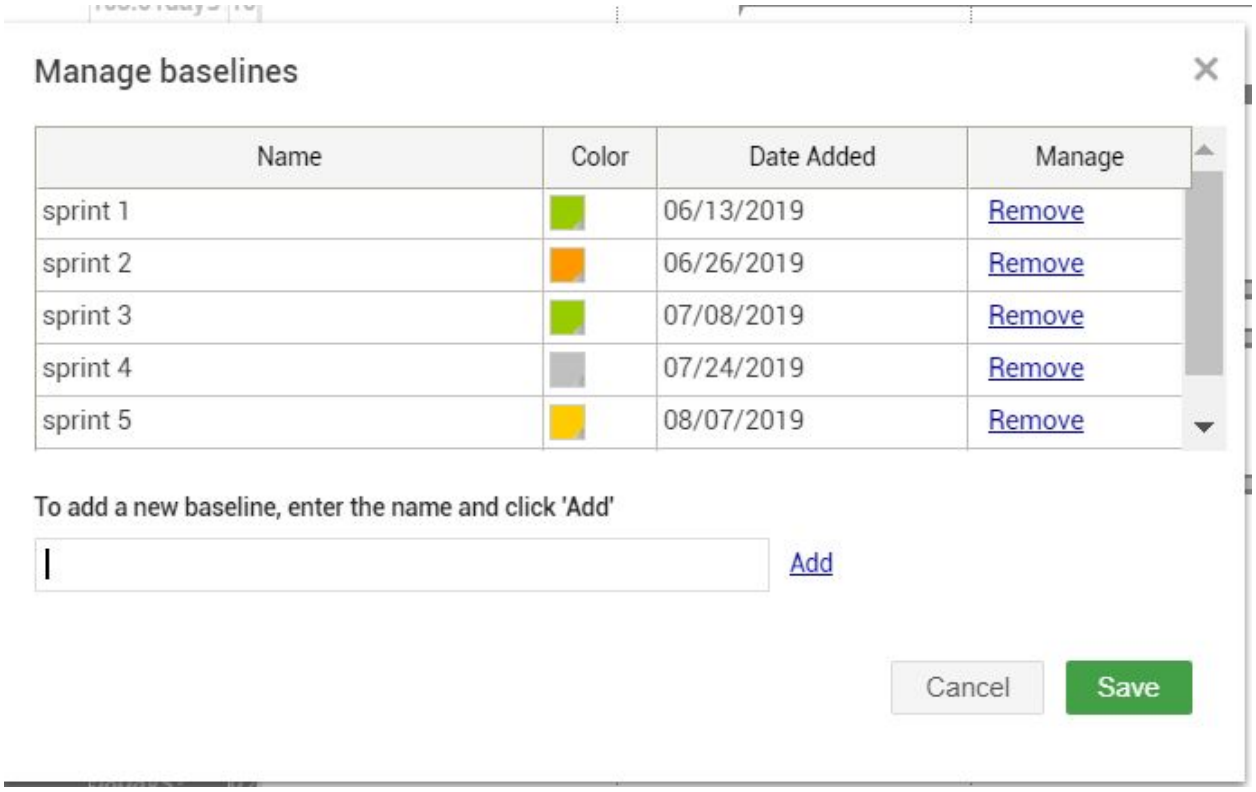
Are you looking for Baselines in your project? The photo below shows baselines.



	Name	Duration	Baseline Duration	Baseline Work	Baseline Cost	% Complete	Start	Baseline Start Date	Finish	Baseline Finish Date
0	⊟test project	12days?	1day?	0hr	$0	0%	08/13/2019	08/13/2019	08/28/2019	08/13/2019
1	Clear ground	1day?	1day?	0hr	$0	0%	08/28/2019	08/13/2019	08/28/2019	08/13/2019
2	Untitled	1day?	1day?	0hr	$0	0%	08/14/2019	08/13/2019	08/14/2019	08/13/2019
3	A.Clear ground	1day?	1day?	0hr	$0	0%	08/13/2019	08/13/2019	08/13/2019	08/13/2019
4	Civil	1day?	1day?	0hr	$0	0%	08/13/2019	08/13/2019	08/13/2019	08/13/2019
5	Driveways Constructed	1day?	1day?	0hr	$0	0%	08/13/2019	08/13/2019	08/13/2019	08/13/2019

For my project I created a baseline every 2 weeks to show my sprints. I do this in the baseline drop down menu.
Top tool bar (Baselines> manage baseline> name and add the baseline> change the color of your baseline to show in the grind.
Then you will have to select the Baseline you would like to look at.
REMEMBER:
A baseline is a stamp of that day created.
WHY USE A BASELINE?
To view a task planned vs actual task data. in your schedule. (consider adding a risk to projects that are delayed to explain why this might of been delayed)
To view cost planned and cost actually spent in the project.